

Secure passwords

Creating strong and unique passwords.

Passwords (or passphrases) protect your computer and online services such as email, online banking, social networking profiles and internet auction accounts

Keep them to yourself

Don't share your passwords. Sharing your login information may break the conditions set by your bank or cause you problems in the future (for example, if you fall out with a friend or partner who can access your email or social networking account).



Change your passwords regularly

Make sure you update your passwords every so often. Use a different password for every computer and website you access, especially for online banking, your social networking profiles, internet auction accounts and email services. That way if one site gets hacked, your other accounts won't be so easily compromised.

Strong passwords

Aim for 15 characters with a mixture of lower and upper case letters, characters or symbols. An example of a strong password is Th1sl5a5tr0ngP@ssw0rd!

Use a strong password on your computer, your favourite websites and important files and backups that need to be kept secure.

Make sure you also protect your mobile phone with a password, pin or swipe pattern.

For example:

- Summ3r!Gmail (if you have a Gmail account)
- Summ3r!Countdown (if you do your grocery shop online with Countdown)
- Summ3r!Ezibuy (if you shop online with Ezibuy)

More information about cyber security is available on Netsafe's website:

www.securitycentral.org.nz

Report scams

Email: scam@antispam.govt.nz

TXT: Forward the message to our free shortcode 7726 (SPAM)

Phone: (04) 495 9314

Fax: (04) 495 9314